



**APPROVED**  
**Meeting Minutes**

<b>School Health Advisory Committee Meeting</b> <b>Program: SHAC - School Health</b> <b>Subject: Quarterly Meeting</b>	<b>Date:</b> Thursday, October 23, 2014
	<b>Time:</b> 2:00 p.m. – 3:30 p.m.
	<b>Location:</b> Baptist Clay Clay Conference Room 1771 Fleming Island Drive Fleming Island, FL 32003
<b>Facilitator:</b> Chastity Choulat	<b>Note taker:</b> Kim Thompson
<b>Attendees:</b> Noreen Amin, Patricia Cepeda, Chastity Choulat, Elise Fenstermaker, Shari Gann, Stephanie Geoghagan, Tara Hackney, Andrea Hepburn, Pam Hughlett, Belinda Johnston, Janice Sealey, Kim Thompson, Andre’ Van Heerden, Dana West, Donna Wethington and Katie Wiles Luebker. Also in attendance were Kathy Clark, Alisha Pennington, and Lesley Seaton from The Players Center for Child Health at Wolfson Children’s Hospital.	
<b>Agenda items:</b>	
<b>Approve May 15, 2014 Meeting Minutes – Approved</b>	
<b>SHAC Agenda Format Change –</b> Belinda explained the format change. Agency reports have been removed from the agenda; however, specific agency related items can be added to future agendas should the need arise. She asked everyone to think about it and we can discuss it at a later date, if needed.	
<b>Update on Human Growth and Development Policy –</b> Donna reported the language has been completed and all policy updates have been submitted to the Board for review. She will provide an update after it has been reviewed. They are in the process of updating all of the policies a few at a time.	
<b>Wolfson’s Asthma Education Program –</b> They have three components of their program – Curriculum, KidCare Insurance Assistance and Asthma education. They offer several courses as part of their curriculum – <b>(1)</b> I Can Eat a Rainbow, (3 – 7 years old), <b>(2)</b> Germaine the Germ Thing (3 – 7 years old), <b>(3)</b> Teddy Bear Clinic (4 - 5 year old or PK aged children), <b>(4)</b> Body Safari (2 <sup>nd</sup> – 3 <sup>rd</sup> grade), <b>(5)</b> Mission Nutrition (4 <sup>th</sup> – 5 <sup>th</sup> grade) and <b>(6)</b> Countdown to Drive (geared specifically for 13 – 14 year old). Each program lasts 30 – 45 minutes. St. Vincent’s also refers uninsured patients to them daily for assistance with KidCare approval applications, and through the approval process. The approval process typically takes about 30 days. They provided asthma education to approximately 2,000 children this past summer, and would love the opportunity to do so in Clay County schools.	
<b>Middleburg High School Student Health Fair –</b> Belinda reported that School Health will be providing a student health fair at Middleburg High School on May 15, 2015.	
<b>2013 – 2014 Mass Screening Results –</b> This was an informational item. Belinda provided a brief overview of the BMI results of those screened – 4% were underweight, 64% were at a healthy weight, and 32% were overweight or obese. See attached copy of the report.	
<b>Obesity Intervention –</b> Belinda reported she is trying to create an “intervention.” She has been discussing it with several CCSD nurses who volunteered to help with a healthier lifestyles promotion in our Clay County schools. One suggestion was the 5, 2, 1, 0 program in which you include 5 servings of fruit and vegetables, limit screen time to 2 hours, include 1 hour of physical activity and have 0 sugary drinks daily. She asked that our SHAC members think about possible solutions for helping the students, and we’ll discuss them at a future date. We will invite the SHAC members to a subcommittee meeting to discuss this in early December.	



**Healthy Schools Flu Mist Update** – Katie provided a brief overview of the flu mist clinics. They have provided over 75,000 vaccinations throughout the state. They provided 5,864 total flu mist doses to Clay County students compared with 4,355 in 2013 – an increase of 1,509. This year, 4,428 students were vaccinated in elementary schools and 718 each in both junior high and high schools. In addition, a flu mist survey was conducted of the school nurses. A “hot wash” meeting was held to discuss the clinics and the results of the survey. Overall, it was considered a success. They are offering the mist in Texas also, with a pilot program to be done in Austin. They have created three “hub” offices in Jacksonville, Lakeland and Fort Lauderdale, and will be creating designated RNs to oversee each county in Florida. They were very appreciative of the help and support they received from the Clay County schools. See attached reports.

**Community Health Education at YMCA** – Andre’ reported on the C.R.E.A.T.I.O.N. (Choice. Rest. Environment. Activity. Trust. Interpersonal Relationships. Outlook. Nutrition.) program offered at the YMCA. The class cost is \$20 and consists of eight weekly sessions with practical instruction and healthy cooking demonstrations. The next class begins on November 4<sup>th</sup>.

**2013 – 2014 Summer Back to School Community Outreaches** – FDOH – Clay partnered with the St. Vincent’s Mobile van to provide certified immunization records, immunizations and both school and sports physicals at four back to school community outreaches. Two hundred twenty-three students received services at these events. A copy of the report is attached.

**2013 – 2014 School Health Report** – This was an informational item. Belinda briefly explained the report, a copy of which is attached.

**Epi Report** – Belinda briefly explained the report. Their primary focus has been on Ebola preparedness. They provided Ebola packets to Donna and the schools to be distributed. Influenza Like Illness (ILI) surveillance has started, with only sporadic cases reported by the school nurses. A copy of the report is attached.

**Set Next Meeting Date** – January 8, 2015 at 2:00 p.m., at the Baptist Clay conference room, if it’s available. Note, it was not available, so it was scheduled to be held at the CCSD Professional Development Room.

**Discussions:**

**Conclusions:**

<b>Action Items:</b>	<b>Responsible Parties:</b>	<b>Expected Completion Date:</b>
Schedule healthy lifestyles promotion subcommittee meeting in early December to discuss ways to offer obesity intervention	Kim	November 5, 2014

**Follow Up Items:** None

Revised 08/2013