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DOH-Clay and Clay County Libraries Launch Third Round of Healthy Tales

Contact:

Gina Roundtree

Gina.Roundtree@FLHealth.gov

904-529-2832

Laura Christmas

Laura.christmas@claycountygov.com

904-806-5646

Clay County, Fla. — The Florida Department of Health in Clay County (DOH-Clay) and the Clay County Library System announce the continuation of “Healthy Tales: Story Hour with the Health Officer,” now entering its third round. This initiative aims to promote nutrition and healthy eating habits among young children in the community.

The “Healthy Tales” schedule follows:

- Tuesday, September 23, 10:30 a.m. at Fleming Island Library
- Wednesday, October 8, 10:30 a.m. at Orange Park Public Library
- Thursday, October 16, 11 a.m. at Keystone Heights Public Library
- Thursday, November 6, 10:30 a.m. at Green Cove Springs Public Library
- Wednesday, November 19, 10:30 a.m. at Middleburg-Clay Hill Public Library

“This initiative empowers young minds through nutrition education one story at a time,” **said DOH-Clay Health Officer Heather Huffman.** “Our partnership with the Clay County libraries is a perfect way to reach families and create a fun learning environment.”

“Healthy Tales” combines storytelling with lessons about nutrition, emphasizing the importance of healthy eating and physical activity, making it an engaging and educational experience for preschoolers. Each session features a story about healthy eating, followed by activities designed to reinforce the lessons learned. In addition, the first 20 children receive their own copy of the featured book to take home.

“We are thrilled to bring back this program for another round,” **said Director of Libraries Mary Canfield.** “This initiative not only nurtures a love for reading but also encourages children to make healthier food choices.”

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About the Florida Department of Health

The Department, nationally accredited by the [Public Health Accreditation Board](#), works to protect, promote, and improve the health of all people in Florida through integrated state, county, and community efforts.

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About Clay County, Florida

Clay County, Florida, blends tradition with innovation to promote prosperity, advancement, and a strong sense of community rooted in family values. Located just southwest of Jacksonville along the scenic St. Johns River, the County is home to more than 236,000 residents. It hosts the 73,000-acre Camp Blanding Training Facility and boasts a proud military heritage dating back to its founding in 1858. The Clay County Board of County Commissioners is committed to preserving the county's rich history and core values while embracing its progress, focusing on public safety, and supporting our strong business community to serve the county's current residents while building a legacy for future generations. Learn more at [claycountygov.com](#).